



At our Physiotherapy clinic we provide specialized care to people suffering body pains and physiological disorders where our physiotherapists diagnose physical disorders, malfunctioning in the body and pain caused due to trauma or diseases. Our main approach is to give clients a painless life by providing surgery-less and drug-less treatment. Our diagnosis methods are aimed at enhancing maximum mobility and ability to patients and minimize the pain they suffer from, in their body, muscles and mind.

## Our Specialization

- Soft Tissue Mobilization
- Connective Tissue Massage
- Knee Injury And Treatments
- Joint manipulation
- Myofascial Release
- Chiropractic
- Back Treatment
- Ergonomy Training





OPEN  
7 DAYS

# ANODYNE SPINE AND FITLIFE CLINIC

## SWITCH TO PHYSIOTHERAPY FOR HEALTHY LIVING

## ABOUT US

We provide specialized care to people suffering from body pains and various physiological disorders like Arthritis, Slip Disc, Muscular Pain, Neck Pain, Paralysis, Back Pain, Joint Pain, Frozen Shoulder, Shoulder Injury etc. Our physiotherapists diagnose physical disorders, body malfunctioning, pain caused due to trauma or diseases etc. using physical agents like mobilization methods, exercises, mechanical & electrotherapy, and manipulations. Electro diagnostic testing and laboratory imaging studies are done to have a holistic approach to the diagnosis and to prevent the further occurrence of the ailments.



CALL NOW: +91-9718437110



HITESH1PHYSIO@GMAIL.COM



C-99, LAJPAT NAGAR I, DELHI 110024



## WHY CHOOSE US?

We are a devoted team of experts & physiotherapists led by Dr Hitesh Khurana, HOD. Having combined experience of 13 years, we have already served more than 10,000 patients and provided them the best treatment with the help of our professional team of experts. Our main focus is to provide a painless life with enhanced body movement and ability.

Dr. Hitesh Khurana is leading the team and provides excellent services in the field of pain management, spine-related pain and injuries, sports injuries, and rehabilitation. We are loved and trusted by our patients, and have been industry leaders in our proximity.

# SMILE MORE, WORRY NOMORE

CONTACT US  
FOR SESSION & BOOKING

+91-9718437110

C-99, LAJPAT NAGAR I, DELHI 110024



DRUGLESS TREATMENTS

BE HEALTHY, STAY WEALTHY

## THE DIFFERENCE

To deliver a quality care with compassion, we believe in giving the best treatment to our customers with full compassion and care. We also provide Physiotherapy Services in the comfort of your home. You can also book it online and feel the best experience of relief at the comfort of your home.



**ANODYNESPINE**  
FITLIFE CLINIC





# PERFECT — — BODY



## OUR APPROACH

We provide international standard physiotherapy (PT) treatments by a physical therapist. We use proven methods, approaches, exercises to make your body move better and feel good. Moreover, this includes stretches and exercises, ultrasound massage, electrical nerve or muscle stimulation, and ice/heat therapy.

In a short span of time, we've set up a benchmark in physiotherapy treatments. Our physiotherapists have great exposure in different types of physiotherapy procedures, methods, problems, and medical technology, which can be helpful to recover you as early as possible.

# GET IN TOUCH



DOCTOR

HITESH KHURANA

[www.anodynespine.com](http://www.anodynespine.com)



 **ANODYNESPINE**  
FITLIFE CLINIC

PROFESSIONAL PHYSIOTHERAPISTS ON STANDBY

STRONGER

HEALTHIER

PRUDENT



Free assessment to consultation from experienced therapist always make a difference and keep us ahead.

## PAIN IS NEVER AN OPTION

The treatments and procedures are conducted by an experienced physiotherapist. We're one of the best physiotherapists in the Delhi/NCR region, offering valuable services in all range of spinal cord injuries.

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